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NATIONAL LEVEL SEMINAR ON 'MILLETS FELICITATION FOR HEALTHY LIVING' LEVEL ACHIEV

Radhakrishna A Bhat, II BA

SAC: On the occasion of the International Year of Millets, the faculty of biological sciences and department of food processing and engineering (DDU) in association with the Karnataka science and technology academy have organized a national seminar on 'Millets for Healthy Living" on Thursday, March 16, 2023, at the LF Rasquinha Auditorium, LCRI of St Aloysius College (autonomous) in Mangalore.

Dr Sridevi Annapurna Singh, director of the CSIR-CFTRI Central Food Technological Research Institute, Mysore, was the chief guest of the program. In her speech, she spoke on the importance of millets in increasing nutrition in the body. The grains will help in



preventing diseases that are caused by eating less nutritious food. With greater innovations and proper packaging, millets need to be traded globally and reach every individual on the planet, she added. She requested the students maintain the rich history of millets and wished them a happy International Year of Millets in 2023.

Dr Praveen Martis, SJ, the Principal of St. Aloysius College, was the President of the Programme. In his presidential remarks, he stressed the importance of healthy living. He advised the students to consume nutritious food instead of junk food. During the program, Professor Harsha Paul was honored for his remarkable work in implementing several biological events in the college. The exhibition on 'Foods Prepared by Millet" was held during the programme.

Dr Richard Gonsalves, Director of LCRI Block, Dr Narayana Bhat, Director of Xavier Block, Dr Dennis Fernandes, Director of Aruppe Block, and Dr Hemachandra, Head of the Department of Zoology, were present during the programme.

INAUGURAL

FELICITATION OF NATIONAL LEVEL ACHIEVERS OF THE NCC

Hana Fathima Ahmed II BA

SAC: NCC Mangalore Group Headquarters felicitates achievers of the training year 2022–23, held on March 13, 2023, in Eric Mathias Hall, Maffei



Block, St. Aloysius College. The cadets performed in various national camps, representing the Mangaluru group in several national-level camps in their respective wings. Each wing—the navy, army, and air wing—has its own national camp, the NSC, TSC, and VSC, respectively. 15 cadets from the Mangaluru group were represented.

Karnataka and Goa Directorate in the Republic Day Camp 2023, a national camp for all the wings combined. The group commander, Colonel Naresh Bagasra Sena Medal, presided over the event along with Principal Rev. Dr. Praveen Martis SJ and Dr. Alwyn D'sa. Cadet Sudeep from the 18 Karnataka Battalion, who represented in the All India Thal Sainik Camp (TSC 2023), Cdt Cpl Sannidhi from the 6 Karnataka Air Squadron, who represented in the All India Vayu Sainik Camp (VSC 2023), and LC Sagar, who represented Karnataka-Goa in the All India Nau Sainik Camp (NSC 2023) expressed their experiences. Cadet Aashna Rai, shared her experiences too.

LECTURE ON "BHAKTHI AND THE CULTURE OF INDIAN MODERNITY"

Kshithi S Manai II BA

SAC: The Faculty of Arts, St Aloysius College (Autonomous), Mangaluru, had organized a Public Lecture on "Bhakti and the Culture of Indian Modernity" on 13th March 2023 at 3 pm in L F Rasquinha Hall, LCRI Block of the College.



This public lecture was arranged in the honour of the late Dr Norbert Lobo, former Director of Admin Block. Dr Rinku Lamba, Associate Professor, Centre for the Study of Social Exclusion and Inclusive Policy, National Law School of India University, Bengaluru was the guest speaker. She talked about, the notion of oneness and heterogeneity by adding the glimpse

of remembrance of Bhakti according to Ranade and Tagore. She also highlighted on the tensions associated with bhakti in the modern society. Prof. Valerian Rodrigues, Former Professor at the Centre for Political Studies, JNU, and New Delhi was the moderator of the Session. Rev. Dr Praveen Martis, SJ, Principal, Dr Roseveera Dsouza, Dean of Arts Faculty was the convenor and Dr Priya Shetty - HoD of UG & PG Deof Economics partments coordinated the programme. Followed by Dr Alwyn D'Sa, Controller of Exainations, SAC and Coordinator for UGC STRIDE Project and Dr Charles V. Furtado, Director of Admin Block was present on the Dias. At the end of the session there was an interactive session where the students and lectures where given opportunity to interact with the speaker.

Ritesh Kumar II BA

SAC: St. Aloysius College (Autonomus), Mangaluru, inaugurated the badminton premier league 2023 on March 16, 2023. The league was held in the Fr. Muller indoor stadium, and the league was inaugurated by the chief guest of the program, Owin Dsouza, co-founder and director of Acrence Solutions Pvt. Ltd.



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LEAGUE 2023

There were eight teams, which were divided into two pools, Pool A and Pool B. Pool A had four teams, and Pool B had four teams; between Pool A

and Pool B, two teams qualified for the semi-finals, and the other teams were eliminated. There were students and teachers present to witness the event. And the players were excited to play and give their best in the game. At the end of the day, winners were announced, and the event ended in the evening for the day.

BADMINTON

THIRD SESSION OF HUDDLE ORGANIZED BY THE DEPARTMENT OF ENGLISH

Nanditha R Prem II BA

SAC: The Department of English of St. Aloysius College (Autonomous), Mangaluru, organized the third session of Huddle-Book Review, Presentation & Documentary Screening on the 15th of March at Sanidhya Hall, Admin Block. Dr Charles V. Furtado, Director of the Admin Block, and Dr Melisa M. Goveas, HOD of the Department of English, enlightened the event with their presence.



Praveen Fernandes of 2nd year MA presented a review of Harper Lee's classic, "To Kill a Mockingbird." Naveen Dalmeida, assistant professor in the Department of English, later remarked in the

Q&A session, "The audience was captivated by the way the presentation navigated them through the heavy themes of the book." Moreover, this was done with a handful of slides cleverly put together and a few strong quotes from the book." The event was coordinated by Anushree M Bhat and Amrita C of the Department of English. The event was closed with Ms. Swathi Sharma's vote of thanks.